

**STANDARD PRECAUTIONS ARE PRACTICED ON ALL PATIENTS**

DATE:	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	01	02	03	04	05	06		
<b>S A F E T Y</b>	Call light within reach																									
	Bed low position																									
	Wheels locked Side rails up x																									
	Special Precautions:																									
	Aspiration: H.O.B.																									
<b>A C T I V I T Y</b>	Seizure																									
	Fall																									
	Other:																									
	Dangle																									
	Up ad lib / Up with assistance																									
	Chair with assistance																									
	Bedrest (turn q 2 hours)																									
	R/L/B & Self																									
	Ambulate with assistance																									
	Tray set up / Feed / Assist (T/F/A)																									
<b>H Y G I E N E</b>	Mouth Care q shift + PRN (q 4 hrs on vent)																									
	Bath: Self / Assist / Complete (S/A/C)																									
	Pericare (q shift & PRN)																									
	Shampoo / Shaved																									
	Linen Changed																									
	Anti-embolic hose off (Q 8 hrs X 20 minutes)																									
	ETT position chg / Trach care																									
	Suction (NT / Oral)																									
	Lavage, bag & suction																									
	Ambu bag BS																									
<b>T R E A T M E N T S</b>	Incentive spirometer																									
	Cough / Deep Breathe																									
	Ostomy care																									
	Foley care (Q shift)																									
	Other:																									
	IV Site Appearance (Q 2 hours) + PRN																									
	Specialty bed:																									
	Heating / Cooling Device																									
	SCD / PP																									
	IV Pump																									
<b>E Q U I P M E N T U S E</b>	Cervical Collar																									
	Wound vac																									
	Feeding pump																									
	Invasive Line Insertions																									
Flush bag changed X																										

**IV SITES:**

LOCATION/TYPE	DATE INSERTED	APPEARANCE write applicable nos.	DRSG Δ /DI	INIT

**IV SITE APPEARANCE**

- 0 - No pain, no redness, no swelling, no drainage
- 1 = Pain
- 2 = Redness
- 3 = Swelling
- 4 = Drainage
- 5 = Pain, redness, swelling, drainage

**DRESSING**

DI - Dressing Intact

Δ - Changed

DR. VISITS - TIME & PHYSICIAN	

INIT.	SIGNATURE & TITLE / PRINT NAME

**STANDARD PRECAUTIONS ARE PRACTICED ON ALL PATIENTS**

DATE: \_\_\_\_\_

F = FLACC SCORING V - VERBAL PAIN SCALE W = WONG BAKER

REFER TO PLAN OF CARE

F = FLACC SCORING			
CATEGORIES	0	1	2
Face	No particular expression or smile	Occasional grimace or frown, withdrawn, disinterested	Frequent to constant quivering chin, clenched jaw
Legs	Normal position or relaxed	Uneasy, restless, tense	Kicking or legs drawn up
Activity	Lying quietly, normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid or jerking
Cry	No cry (awake or asleep)	Moans or whimpers, occasional complaint	Crying steadily, screams or sobs, frequent complaints
Consolability	Content, relaxed	Reassured by occasional touching, hugging or being talked to, distractible	Difficult to console or comfort

V = VERBAL PAIN SCALE		W = WONG BAKER PAIN SCALE							
0	1 2 3	4 5 6	7 8 9	10					
PAIN FREE	MILD	MODERATE	SEVERE	WORST	Pain free (A)	Mild pain (B)	Moderate (C)	Severe (D)	Worst (E)

**PAIN ASSESSMENT Q 2 HRS & PRN (ICU) PAIN DOCUMENTATION COMFORT GOAL \_\_\_\_\_**

**DURATION CHARACTER/QUALITY DESCRIPTORS:**  
 C - Continuous A = Aching S1 - Stabbing T = Throbbing P = Pressure O = Other  
 I = Intermittent B = Burning S2 = Spasmodic S3 = Sharp S4 = Superficial  
 C1 = Cramping D = Dull D2 = Deep

**AGGRAVATED BY DESCRIPTORS:**  
 M = Movement C = Coughing E - Environmental CC = Cannot Communicate  
 DB - Deep Breathing P = Palpation O = Other  
 S = Swallowing F = Fatigue \* = See Notes N/A = Not Applicable

PAIN DOCUMENTATION	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	01	02	03	04	05	06	07
PAIN SCALE (V, W, F)																									
SITE #1																									
SITE #2																									
DURATION																									
QUALITY/CHARACTER																									
AGGRAVATED BY																									
RADIATES Y = YES N = NO																									

**SAFETY/FALL PREVENTION FALL RISK ASSESSMENT**

FALL RISK BAND  REFER TO PLAN OF CARE

PERIODIC REASSESSMENT	7A-7P	7P-7A	REASSESS POST FALL/ OR OTHER
If yes to any below, enter points			
Age 65 or older (3 pts)			
Confused/disoriented (5)			
History of falls (10)			
Frequently/urgency/incontinence (5)			
Elimination with assistance (5)			
Visual impairment (4)			
Confined to chair or bed (3)			
Hearing impaired (2)			
Bowel prep (4)			
Mobility/gait/balance/decreased peripheral sensation/ neuropathy (5)			
Assistive device for amb/transfer attached to EKG leads, IV pole, oxygen, chest tube, SCD (3)			
Fall Risk Medications - List is below (2)			
Language/communication deficit (1)			
Syncope/dizzy/postural hypotension (4)			
Drug/alcohol problem/depression (2)			
Total points for each assessment			
Protocol initiated based on score			
Initials			

**Protocol A Point Total 0 - 9 Low to moderate risk**

- Consider therapy consult
- Educate pt/family regarding risk and prevention of falls
- Bed in low position, wheels locked, 2-3 siderails up
- Ensure adequate lighting and remove clutter
- Provide non slip footwear
- Observe sleep and elimination patterns, offer assistance every 2 hours PRN
- Place call light, phone, and personal items within reach
- Consider pharmacy consult
- Consider timing of diuretic, bowel prep, laxative administration

**Protocol B Point Total ≥ 10 High risk**

- Place "STAR" outside of door/place fall risk band
- Initiate all interventions for Protocol A
- Anticipate toileting needs, take to BR q2 or q4 at night
- Consider bed alarm or landing strip
- Move pt near nurse's station
- Involve the family for assistance during high risk times
- Consider sitter, low bed or enclosure bed (MD order needed)
- BR light on (evenings and nights)
- Place IV, foley, landing strip on side of bed that patient exits

**Fall Risk Medications**  
 Antihistamines  
 Cathartics Laxative  
 Diuretics  
 Narcotics  
 Psychotropic Drugs  
 Benzodiazepines  
 Hypnotics  
 Antidepressants  
 Hypotensives  
 Muscle Relaxant

**RESTRAINT FLOW SHEET**  REFER TO PLAN OF CARE

- Non-Behavioral**
- A. Alternatives attempted and deemed ineffective**
- Reorientation
  - Decreased environmental stimulus
  - Family or S.O. involvement
  - Bed alarm
  - Repositioning
  - Educate/explain Plan of Care, treatments and procedures
  - Provide diversional activities
  - Moved closer to the nursing station
  - Increased observation
  - Secure lines and tubes
  - Other: \_\_\_\_\_
- B. Reason for restraint use**
- Poor judgment
  - Unable to understand the need for treatment
  - Inability to follow directions
  - Poor safety awareness
  - Prevent removal of lines/tubes
- C. Types of restraint**
- Soft limb restraint
  - Mitten (Tied/Untied)
  - Enclosure Bed
  - Side Rails
  - Lap Belt
  - Chemical/Medication
  - RUE
  - LUE
  - RLE
  - LLE
  - Right
  - Left
  - Both
  - X4
  - 2 full rails up
- Observed Behavior Key:**  
 CA = Calm CP = Cooperative NC = No Change AG = Agitated  
 S = Sleeping DI = Disoriented OR = Oriented AV = Aggressive  
 UC = Unable to cooperate with instruction

TODAY'S DATE	0800	1000	1200	1400	1600	1800	2000	2200	2400	0200	0400	0600
OBSERVED BEHAVIOR (See above key list)												
RESTRAINT RELEASED AT LEAST EVERY 2 HOURS FOR 10 MINUTES/ PROPERLY APPLIED												
SKIN/CIRCULATION CHECKED AT LEAST EVERY 2 HOURS												
ROM/REPOSITIONED AT LEAST EVERY 2 HOURS												
HYDRATION/NOURISHMENT NEEDS MAINTAINED AT LEAST EVERY 2 HOURS												
ELIMINATION NEEDS ADDRESSED AT LEAST EVERY 2 HOURS IF NEEDED												
SAFETY/PRIVACY/MODESTY MAINTAINED												
CONTINUED NEED FOR RESTRAINT ASSESSED AT LEAST EVERY 2 HOURS												
INITIALS												

PATIENT LABEL

REPORT RECEIVED FROM PREVIOUS SHIFT

ISOLATION (TYPE) SOURCE/LOCATION  
 Contact \_\_\_\_\_  
 Droplet \_\_\_\_\_  
 Airborne \_\_\_\_\_  
 Other: \_\_\_\_\_

DATE: \_\_\_\_\_ TIME: (7P-7A)

NURSE: \_\_\_\_\_

NEUROLOGICAL  
PUPILS: mm BRISK SLUG. FIXED  
R \_\_\_\_\_ □ □ □ 2 3 4 5 6 7 8 9mm  
L \_\_\_\_\_ □ □ □  
LOC: ALERT  LETHARGIC  OBTUNDED  STUPOROUS  COMATOSE   
BEHAVIOR: APPROP.  INAPPROP.  CONFUSED  AGITATED  COMBATIVE   
ORIENTATION: PERSON  PLACE  TIME   
SPEECH: CLEAR  SLURRED  INCOMPRES.  ETT/TRACH   
APHASIC  IF APHASIC: EXPRESSIVE  RECEPTIVE   
MOVEMENT: RA LA RL LL MOVEMENT CODES:  
VOLUNTARY     4+ = NORMAL  
COMMAND     3+ = OVERCOME RESISTANCE  
STRENGTH (0-4) \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ 2+ = CAN'T OVERCOME RESISTANCE  
OTHER: \_\_\_\_\_ 1+ = OVERCOME GRAVITY  
0 = NONE

CARDIOVASCULAR: ECG ALARMS LOW \_\_\_\_\_ HI \_\_\_\_\_ ON  MAX   
RHYTHM: \_\_\_\_\_ ECTOPY \_\_\_\_\_ LEAD \_\_\_\_\_  
PM: N/A  INT  EXT  SETTINGS \_\_\_\_\_  
BOX # \_\_\_\_\_ TELEMETRY BOX # \_\_\_\_\_  
HEART SOUNDS:  S1  S2  S3  S4  OTHER \_\_\_\_\_  
NAILBEDS: PINK  PALE  DUSKY  CYANOTIC   
CAP REFILL: BRISK  SLUGGISH   
PULSES: BRAC RAD FEM POP DP PT 0 = ABSENT  
GRADE R \_\_\_\_\_ D = DOPPLER  
(Ø.D.P) L \_\_\_\_\_ P = PALPABLE  
CHEST TUBES: N/A  PLEURAL: R  L  MEDIASTINAL X \_\_\_\_\_  
SXN \_\_\_\_\_ cm DRAINAGE: SANG  SEROSANG  SEROUS   
OTHER: \_\_\_\_\_

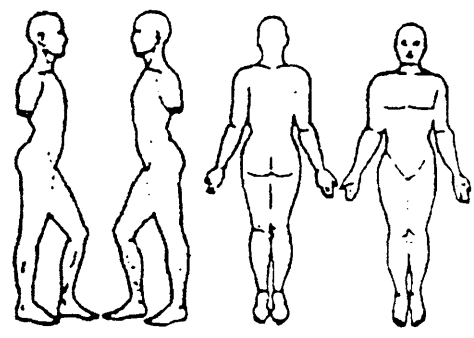
PULMONARY: ROOM AIR  ASSISTED  DOI - DATE OF INSERTION \_\_\_\_\_  
RATE: EVEN  UNEVEN  SLOW  RAPID  UNLABORED  LABORED   
DEPTH: SHALLOW  MOD  DEEP   
COUGH  PRODUCTIVE  NON PRODUCTIVE  SECRETIONS: \_\_\_\_\_  
B.S.: CLEAR DIMINISHED RHONCHI CRACKLES WHEEZES  
RUL       
RLl       
LUL       
LLL       
CHEST EXPANSION: EQUAL  OTHER: \_\_\_\_\_  
ASSISTED: N/C  VM  % NRB  ETT  DOI: \_\_\_\_\_ SIZE: \_\_\_\_\_  
TRACH  DOI: \_\_\_\_\_ SIZE/TYPE \_\_\_\_\_  
BIPAP  E \_\_\_\_\_ I \_\_\_\_\_ RATE \_\_\_\_\_ FIO<sub>2</sub> \_\_\_\_\_  
VENT SETTINGS: V<sub>T</sub> \_\_\_\_\_ RATE \_\_\_\_\_ FIO<sub>2</sub> \_\_\_\_\_ PS \_\_\_\_\_ PEEP \_\_\_\_\_  
AC  SIMV  T-TUBE  CPAP  OTHER \_\_\_\_\_ ALARMS ON   
POSITION: ETT/OTHER: \_\_\_\_\_ PULSE OX ON  ALARMS ON

GASTROINTESTINAL  
ABD: SOFT  FIRM  DISTD.  NON-TEND  TEND.  QUADS \_\_\_\_\_  
BOWEL SOUNDS: ABSENT  PRESENT  X \_\_\_\_\_ QUADS \_\_\_\_\_  
HYPOACTIVE  NORMOACTIVE  HYPERACTIVE   
NG TUBE: N/A  NARE R  L  SXN \_\_\_\_\_ cm PLACEMENT \_\_\_\_\_  
COLOR: \_\_\_\_\_  
FEEDING TUBE: N/A  NARE R  L  PLACEMENT \_\_\_\_\_ TYPE: \_\_\_\_\_  
DIET: NPO  PO  \_\_\_\_\_ DIET ENTERAL FEEDING  TPN   
FORMULA: \_\_\_\_\_ OTHER: \_\_\_\_\_  
RECTAL TUBE  RECTAL BAG  COLOSTOMY

RENAL: CONTINENT  INCONTINENT  VOID  FOLEY  ANURIC  DUE TO VOID  TIME \_\_\_\_\_  
COLOR: COLORLESS  YELLOW  STRAW  AMBER  PINK  BLOODY   
CLARITY: CLEAR  CLOUDY  SEDIMENTS  CLOTS   
DIALYSIS: N/A  HEMO  PERIT.   
HD CATH  TYPE/LOCATION \_\_\_\_\_  
AV GRAFT  RA  LA  THRILL  BRUIT   
FOLEY DOI: \_\_\_\_\_  
OTHER: \_\_\_\_\_

SKIN TEMP: WARM  DRY  COOL  DIAPHORETIC   
COLOR: MEMBRANES PINK  PALE  DUSKY  CYANOTIC  JAUNDICED   
EDEMA: N/A  TYPE \_\_\_\_\_ AMT. \_\_\_\_\_ LOCATION \_\_\_\_\_  
TYPE: P = PITTING D = DEPENDENT  
AMOUNT: 1+ = SLIGHT 2+ = MINIMAL 3+ = MODERATE 4+ = SEVERE  
HEMATOMAS: N/A  LOCATION \_\_\_\_\_ ECCHYMOSSIS  LOCATION \_\_\_\_\_  
MOTTLING

NUMBER LACERATIONS/BRUISES/PRESSURE ULCERS/SKIN TEARS/EXCORIATIONS



NO SKIN BREAKDOWN NOTED

NUMBER	PRESSURE WOUNDS/OTHER	STAGE	DRAINAGE AMT/TYPER	ODOR
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	
			/	

WOUND LEGEND:  
STAGE: (APPLIES ONLY TO PRESSURE WOUNDS)  
I = REDNESS, SKIN INTACT  
II = SHALLOW, OPEN ULCER  
III = TISSUE LOSS DOWN TO SUBCUTANEOUS LEVEL  
IV = TISSUE LOSS DOWN TO BONE/MUSCLE/TENDON  
US = UNSTAGEABLE, COVERED WITH SLOUGH/ESCAR  
DTI = DEEP TISSUE INJURY, PURPLE/MAROON AREA/SKIN INTACT  
ODOR: Y = YES, N = NO  
DRAINAGE AMOUNT: 0 = NONE, S = SCANT, M = MODERATE, H = HEAVY  
TYPE: S = SEROUS, SS = SEROSSANGUINEOUS, P = PURULENT

DRESSINGS/INCISIONS/DRAINS: N/A  JP X \_\_\_\_\_ HEMOVAC X \_\_\_\_\_  
LOCATION OF TUBES: \_\_\_\_\_  
DRESSINGS/LOCATION: \_\_\_\_\_

IV MONITORING / ASSIST DEVICES N/A   
ALINE: N/A  SITE \_\_\_\_\_ WAVE: GOOD  DAMP  Ø CAL'D  DRSG D/I   
AL/NIBP: SBP LO \_\_\_\_\_ /HI \_\_\_\_\_ DBP LO \_\_\_\_\_ /HI \_\_\_\_\_ MAP LO \_\_\_\_\_ /HI \_\_\_\_\_ ON   
CVP: N/A  SITE \_\_\_\_\_ WAVE: GOOD  DAMP  Ø CAL'D  DRSG D/I

SAFETY DEVICES/RESTRAINTS YES  NO  WRITTEN ORDER (NO PHONE/VERBAL)   
REFER TO PLAN OF CARE

PLAN OF CARE: REVIEWED  UPDATED   
EDUCATION:  PATIENT/FAMILY EDUCATED ABOUT PLAN OF CARE, MEDICATION, TREATMENTS AND PROCEDURES

PATIENT LABEL

REPORT RECEIVED FROM PREVIOUS SHIFT

ISOLATION (TYPE) SOURCE/LOCATION
 Contact
 Droplet
 Airborne
 Other:

DATE: TIME: (7P-7A)

NURSE:

NEUROLOGICAL
PUPILS: mm BRISK SLUG. FIXED
R L
LOC: ALERT LETHARGIC OBTUNDED STUPOROUS COMATOSE
BEHAVIOR: APPROP. INAPPROP. CONFUSED AGITATED COMBATIVE
ORIENTATION: PERSON PLACE TIME
SPEECH: CLEAR SLURRED INCOMPRES. ETT/TRACH
APHASIC IF APHASIC: EXPRESSIVE RECEPTIVE
MOVEMENT: RA LA RL LL MOVEMENT CODES:
VOLUNTARY
COMMAND
STRENGTH (0-4)
OTHER:

CARDIOVASCULAR: ECG ALARMS LOW HI ON MAX
RHYTHM: ECTOPY LEAD
PM: N/A INT EXT SETTINGS
BOX # TELEMETRY BOX #
HEART SOUNDS: S1 S2 S3 S4 OTHER
NAILBEDS: PINK PALE DUSKY CYANOTIC
CAP REFILL: BRISK SLUGGISH
PULSES: BRAC RAD FEM POP DP PT
GRADE R
(Ø.D.P) L
CHEST TUBES: N/A PLEURAL: R L MEDIASTINAL X
SXN cm DRAINAGE: SANG SEROSANG SEROUS
OTHER:

PULMONARY: ROOM AIR ASSISTED DOI - DATE OF INSERTION
RATE: EVEN UNEVEN SLOW RAPID UNLABORED LABORED
DEPTH: SHALLOW MOD DEEP
COUGH PRODUCTIVE NON PRODUCTIVE SECRETIONS:
B.S.: CLEAR DIMINISHED RHONCHI CRACKLES WHEEZES
RUL RLL LUL LLL
CHEST EXPANSION: EQUAL OTHER:
ASSISTED: N/C VM % NRB ETT DOI: SIZE:
TRACH DOI: SIZE/TYPE
BIPAP E I RATE FIO2
VENT SETTINGS: VT RATE FIO2 PS PEEP
AC SIMV T-TUBE CPAP OTHER ALARMS ON
POSITION: ETT/OTHER: PULSE OX ON ALARMS ON

GASTROINTESTINAL
ABD: SOFT FIRM DISTD. NON-TEND TEND. QUADS
BOWEL SOUNDS: ABSENT PRESENT X QUADS
HYPOACTIVE NORMOACTIVE HYPERACTIVE
NGTUBE: N/A NARE R L SXN cm PLACEMENT
COLOR:
FEEDING TUBE: N/A NARE R L PLACEMENT TYPE:
DIET: NPO PO DIET ENTERAL FEEDING TPN
FORMULA: OTHER:
RECTAL TUBE RECTAL BAG COLOSTOMY

RENAL: CONTINENT INCONTINENT VOID FOLEY ANURIC DUE TO VOID TIME
COLOR: COLORLESS YELLOW STRAW AMBER PINK BLOODY
CLARITY: CLEAR CLOUDY SEDIMENTS CLOTS
DIALYSIS: N/A HEMO PERIT.
HD CATH TYPE/LOCATION
AV GRAFT RA LA THRILL BRUIT
FOLEY DOI:
OTHER:

SKIN TEMP: WARM DRY COOL DIAPHORETIC
COLOR: MEMBRANES PINK PALE DUSKY CYANOTIC JAUNDICED
EDEMA: N/A TYPE AMT. LOCATION
TYPE: P = PITTING D = DEPENDENT
AMOUNT: 1+ = SLIGHT 2+ = MINIMAL 3+ = MODERATE 4+ = SEVERE
HEMATOMAS: N/A LOCATION ECCHYMOSIS LOCATION
MOTTLING

NUMBER LACERATIONS/BRUISES/PRESSURE ULCERS/SKIN TEARS/EXCORIATIONS

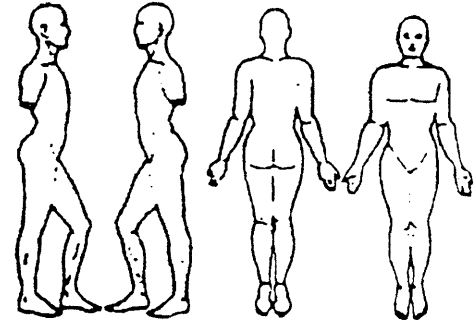


Table with 5 columns: NUMBER, PRESSURE WOUNDS/OTHER, STAGE, DRAINAGE AMT/TYPE, ODOR. Includes a legend for wound stages and drainage types.

WOUND LEGEND:
STAGE: (APPLIES ONLY TO PRESSURE WOUNDS)
I = REDNESS, SKIN INTACT
II = SHALLOW, OPEN ULCER
III = TISSUE LOSS DOWN TO SUBCUTANEOUS LEVEL
IV = TISSUE LOSS DOWN TO BONE/MUSCLE/TENDON
US = UNSTAGEABLE, COVERED WITH SLOUGH/ESCAR
DTI = DEEP TISSUE INJURY, PURPLE/MAROON AREA/SKIN INTACT
ODOR: Y = YES N = NO
DRAINAGE AMOUNT: Ø = NONE S = SCANT M = MODERATE H = HEAVY
TYPE: S = SEROUS SS = SEROSSANGUINEOUS P = PURULENT

DRESSINGS/INCISIONS/DRAINS: N/A JP X HEMOVAC X
LOCATION OF TUBES:
DRESSINGS/LOCATION:

IV MONITORING / ASSIST DEVICES N/A
ALINE: N/A SITE WAVE: GOOD DAMP Ø CAL'D DRSG D/I
AL/NIBP: SBP LO /HI DBP LO /HI MAP LO /HI ON
CVP: N/A SITE WAVE: GOOD DAMP Ø CAL'D DRSG D/I

SAFETY DEVICES/RESTRAINTS YES NO WRITTEN ORDER (NO PHONE/VERBAL)
REFER TO PLAN OF CARE

PLAN OF CARE: REVIEWED UPDATED
EDUCATION: PATIENT/FAMILY EDUCATED ABOUT PLAN OF CARE, MEDICATION, TREATMENTS AND PROCEDURES

**STANDARD PRECAUTIONS ARE PRACTICED ON ALL PATIENTS**

DATE: \_\_\_\_\_

**BRADEN SCALE**

<b>Sensory Perception</b> 1: Completely limited, unresponsive 2: Very limited, responds to pain only 3: Slightly limited, responds to voice 4: No impairment, no sensory deficit	Score <input style="width: 30px; height: 30px;" type="text"/>
<b>Moisture</b> 1: Constantly moist, frequent linen changes 2: Usually moist, +2 linen changes/shift 3: Occasionally moist, +2 linen changes/day 4: Rarely moist, daily linen changes	<input style="width: 30px; height: 30px;" type="text"/>
<b>Activity</b> 1: Bedrest or confined to bed 2: Chair only, and need assist to/from chair 3: Walks occasionally, in bed/chair mostly 4: Walks frequently, at least 2X per shift	<input style="width: 30px; height: 30px;" type="text"/>
<b>Mobility</b> 1: Completely immobile, totally dependent 2: Very limited, mostly dependent 3: Slightly limited, minimally dependent 4: No limitations, completely independent	<input style="width: 30px; height: 30px;" type="text"/>
<b>Nutrition</b> 1: Very poor intake/NPO +5 days 2: Probably inadequate, eats < 50% meals 3: Adequate, eats > 50%, TPN, tube feeding 4: Excellent, eats > 75% all meals, snacks	<input style="width: 30px; height: 30px;" type="text"/>
<b>Friction &amp; Shear</b> 1: Problem, mod/max assist in moving 2: Potential problem, min. assist in moving 3: No apparent problem, moves w/o assist	<input style="width: 30px; height: 30px;" type="text"/>

**Braden Score: 17 – 23 CONSERVATIVE PRESSURE ULCER PREVENTION PROTOCOL INTERVENTION**

- Keep skin clean and dry.
- Use moisturizing lotion for dry skin.
- DO NOT MASSAGE bony prominences
- Protect skin from moisture.
- Use skin barrier cream to protect skin exposed to urine/stool. Institute measures to contain feces and/or urine if incontinent (i.e.; fecal bag, indwelling or external catheter.).
- Decrease friction and shear by
  - Keep head of bed elevated at or lower than 30 degree angle. Elevate HOB only as needed for meals, treatments and if medically necessary
  - LIFT the patient. Do not slide the patient when moving up in bed.
  - Use assistive devices to reduce friction and facilitate patient movement (i.e., truning sheets, overbed trapeze).
- Position patient with pillows and other support devices. DO NOT USE DONUTS.
- Provide padding for casts, braces and splints, elbows and heels, (i.e.: heel protectors, pillows, wedges).
- Apply padding around the ears to protect against irritation from oxygen cannula use (i.e.; O<sub>2</sub> tubing foam wraps).
- Increase activity and mobility in patients that are bed bound or chair bound (i.e.; ROM, LIFE program).
- Monitor nutrition and hydration status. Notify dietitian for any changes – inadequate hydration/nutrition (i.e.; tube feeding not tolerated, eats <50% of diet, poor appetite).
- Monitor weight weekly, intake and output measurement every shift. Refer to appropriate authorities significant findings.
- Monitor laboratory data (i.e.; serum albumin, total protein, prealbumin) as ordered.
- Assess skin every shift for signs and symptoms of skin breakdown and document changes. Consult wound care nurse for any changes in skin integrity (i.e.; redness, non-blanchable skin).
- Turn/reposition every 2 hours while in bed and while sitting in chair.

**Braden Score: 12 – 16 MODERATE PRESSURE ULCER PREVENTION PROTOCOL**

- Follow the conservative prevention protocol.
- Pressure reduction device (i.e.; heel protectors, pillows, multiboos). Consult wound care nurse for pressure reduction surface/specialty mattress.

**Braden Score: 0 – 11 STRICT PRESSURE ULCER PREVENTION PROTOCOL**

- Follow moderate pressure ulcer protocol
- Notify dietitian/wound care nurse for NEW BRADEN SCORE of 11 and below.
- Increase turning frequency as needed for any new skin breakdown noted (i.e.; non-blanchable area of redness).

Completed by \_\_\_\_\_ Total Score \_\_\_\_\_  
 Licensed Nurse

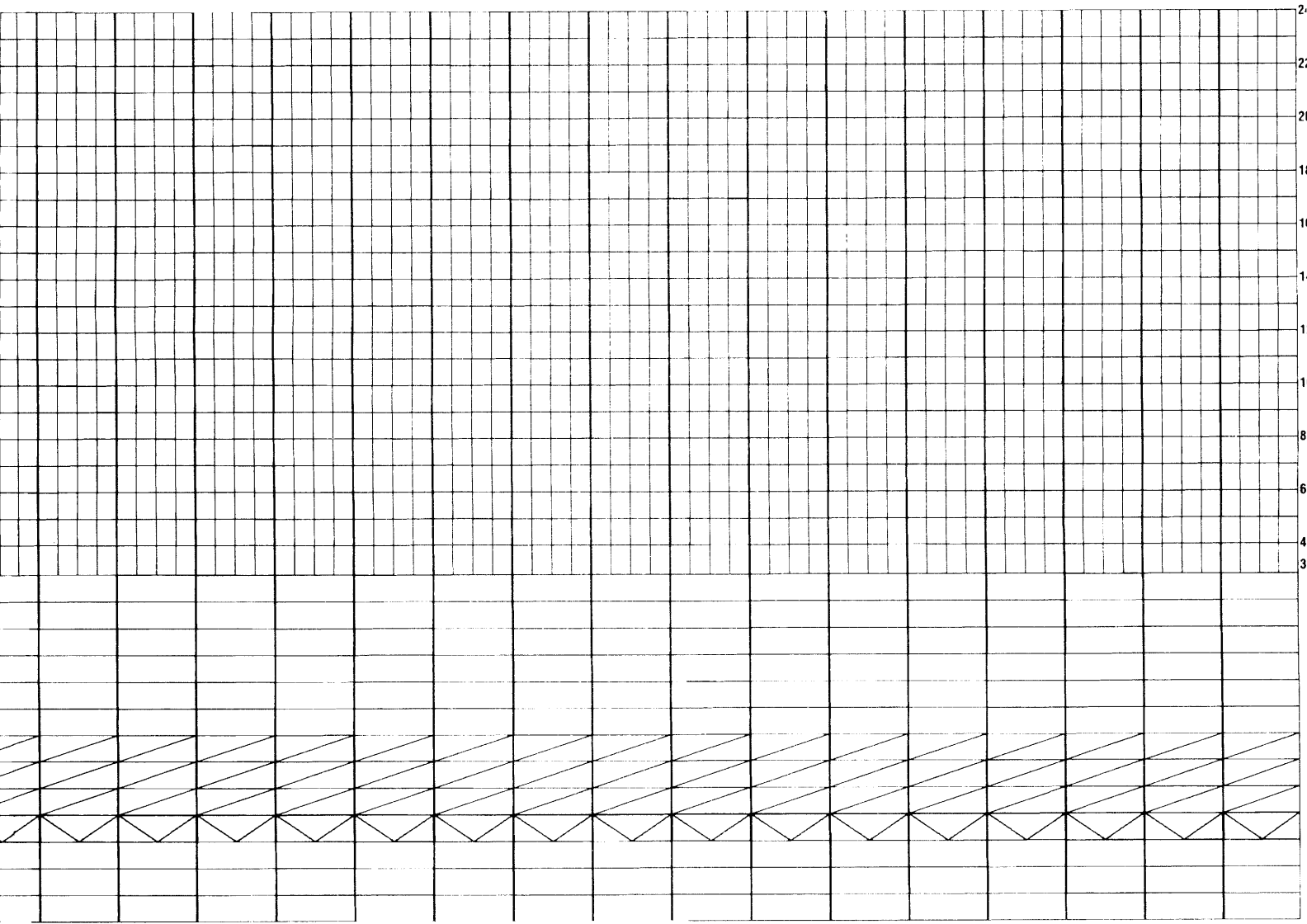
TIME	NURSING NOTES (Initial at end of each entry)

PATIENT LABEL



DATE \_\_\_\_\_

15	16	17	18	19	20	21	22	23	24	01	02	03	04	05	06	07
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						TIME	CRITICAL RESULTS:	
BUN	Cr	GLU	MG++	CO <sub>2</sub>	PRE-ALBUMIN			
						TIME	CHEMISTRY	MISC. LAB
						CA++	BILI (TOT)	BNP
						PHOS	BILI (DIRECT)	LACTIC ACID
						URIC ACID	ALK PO4	BLD CULTURE <input type="checkbox"/>
						CHOL	LDH	EKG <input type="checkbox"/>
						PRO (TOT)	SGOT	EEG <input type="checkbox"/>
						ALB	SGPT	SPUTUM CULTURE <input type="checkbox"/>
								WOUND CULTURE <input type="checkbox"/>
								PATIENT LABEL

**STANDARD PRECAUTIONS ARE PRACTICED ON ALL PATIENTS**

PATIENT ID BAND: \_\_\_\_\_ R L

7 A Initials \_\_\_\_\_

7 P Initials \_\_\_\_\_

DATE: \_\_\_\_\_

**IV SOLUTIONS**

IV #	IV SOLUTION/ADDITIVES	VOI	IP	SITE	BAG Δ			RN INITIALS	TUBING & RN INITIAL

**TUBE / DRAIN CODES**

JP = JACKSON PRATT P = PLEURAL  
 HV = HEMOVAC M = MEDIASTINAL  
 SX = SUCTIONED

**IV SITE CODES**

R = RIGHT J = JUGULAR F = FEMORAL  
 L = LEFT S = SUBCLAVIAN B = BRACHIAL  
 W = WRIST FA = FOREARM H = HAND

\*IP = INFUSION PUMP

Diet: _____	Supplemental: _____		
Breakfast _____ %	Lunch _____ %	Dinner _____ %	Snack _____ %
Fluid Restriction: _____ / day		ADMISSION WEIGHT	lb/kg
Yesterday's I _____	O _____	PREVIOUS WEIGHT	lb/kg
Yesterday's Balance : _____		TODAY'S WEIGHT	lb/kg
Cumulative Balance : _____			

TIME	INTAKE							PO	OUTPUT																		
	IV FLUIDS						IV TOTAL		TUBE FEEDING		BLOOD	TOTAL INTAKE	URINE	DIALYSIS	NG SUC-TION	EME-SIS	TUBES/DRAINS			REC-TAL TUBE	STOOL	OTHER	TOTAL OUT-PUT	I/O BAL-ANCE			
	#1	#2	#3	#4	#5	#6			RATE	FLUSH							#1	#2	#3								
0700																											
0800																											
0900																											
1000																											
1100																											
1200																											
1300																											
1400																											
1500																											
1600																											
1700																											
1800																											
12 HR. TOTAL																											
1900																											
2000																											
2100																											
2200																											
2300																											
2400																											
0100																											
0200																											
0300																											
0400																											
0500																											
0600																											
12 HR. TOTAL																											
24 HR. TOTAL																											
IN	/							/			/																
OUT	/							/			/																
	7A - 7P						7P - 7A		24 HR. TOTAL				24 HR. BALANCE														